

6 Weeks to Ninja Productivity Masterclass

Transform your productivity and gain control!

Format 2 hr workshop every week for 6 weeks (live webinar)

Participants min 20

- Overview**
- ▶ Are you feeling stressed and overwhelmed?
 - ▶ Are you in need of some motivation, structure, or clarity in your workday?
 - ▶ Are you looking for better work-life balance?
 - ▶ What could you do with an additional hour in your day?

Imagine... A six-week program that would help you reduce stress, eliminate feelings of overwhelm and make your life measurably better by freeing up time to focus on the stuff that matters most to you.

Welcome to 6 Weeks to Ninja

During the six weeks you'll put things immediately into practice as you go, building up a set of new habits that will give you more structure, clarity, and control, and the result will be valuable time in your day.

You will also focus on the more subtle, human elements that negatively impact your productivity and cause you stress. Such as how to overcome procrastination, how to reduce and better manage the activities, to-dos and general 'noise' of your daily life and, most importantly, how to be kinder to yourself.

- Breakdown**
- ▶ WEEK 1 - The 9 Characteristics of the Productivity Ninja
 - ▶ WEEK 2 - Dealing with Overload: collecting and organizing information and tasks
 - ▶ WEEK 3 - Where to keep everything: your new Second Brain
 - ▶ WEEK 4 - Staying on top of it all: Regular Review
 - ▶ WEEK 5 - Managing our minds: momentum, beating procrastination and getting shit done
 - ▶ WEEK 6 - Human, Not Superhero: Work/life balance and making it all stick

What's Included?

- ▶ A paperback copy of How to be a Productivity Ninja®
- ▶ Access to a dedicated WhatsApp group for the duration of the program, our Ninja will answer your questions, keep you motivated and hold you accountable.
- ▶ 1 year membership of Think Productive's Productivity Ninja Academy, including follow up digital courses for you to explore at your own pace
- ▶ 10% off voucher for a Think Productive workshop for your team
- ▶ 5% off voucher for a future Think Productive Open Course

